Volunteer Profile: *Terri*





- How long have you been volunteering with the Good Neighbour Scheme?
 I am a new volunteer, starting earlier this year
- What is your primary volunteering role within the Scheme (i.e. providing transport, befriending, other)?

I've tried the talking on the phone, but have changed to walking with someone who needs to get out and talk to someone different, + giving his carer some respite.

- What made you decide to get into volunteering?

I decided to get into volunteering, after I'd been a 'subject for the volunteers, after having my new hip and feeling the need for support to start walking.. it was lovely to get out and about again, and felt safer with someone there with me., and I decided I could do the same for someone else.

- What advice would you give to anyone who is interested in volunteering? It's a lovely way to meet people, and hopefully gives them some support and gets them out and about. and giving back what BGNS did for me.