Volunteer Profile: *Miriam*





- How long have you been volunteering with the Good Neighbour Scheme?

I have been volunteering with the BGNS since April 2020, and I have enjoyed being a BGNS volunteer ever since! I moved to Barrow upon Soar last year and being new to the area I wanted a way to meet people within the community. I got in touch with the BGNS and before I knew it, I was an active volunteer! I have met so many wonderful people, both members and volunteers, through the BGNS and I look forward to continuing my volunteering services with the scheme.

- What is your primary volunteering role within the Scheme (i.e. providing transport, befriending, other)?

My primary role is offering befriending services, such as making telephone calls to our members and having a good chit chat. I also help out as and where I can with any administration tasks and also help oversee the running of the BGNS Facebook group. I helped out with the Arts and Crafts event that was held for our members in September and I believe it was a hit.

- What made you decide to get into volunteering?

I have been volunteering since the age of 14. I have volunteered at various different organisations, including the British Heart Foundation and Myton Hospice. My Grandma is the main reason as to why I decided to get involved in volunteering work. She has always offered help to others in need, through actively volunteering in her community.

- What advice would you give to anyone who is interested in volunteering?

Sign up and just do it! The BGNS are always actively looking for new volunteers to help with the local community. It is a great way to offer help, meet new people and do something enjoyable in your spare time.