## Volunteer Profile: Penny





- How long have you been volunteering with the Good Neighbour Scheme? I have been volunteering since December 2019.
- What is your primary volunteering role within the Scheme (i.e. providing transport, befriending, other)?

My primary role is befriending by telephone and home visits when required (current COVID rules permitting).

- What made you decide to get into volunteering?

My husband and I moved into Barrow in March 2018. I previously did an administrative volunteering role for a charity when I lived in Oadby, so as I am now retired I felt it would be good to get involved in the village by volunteering.

- What advice would you give to anyone who is interested in volunteering? Not only are you helping others who may need extra support, but it also enables you to meet new people, make friends and share interests.